



Constantine Community Fitness Center

Located at
Constantine
Middle
School
260 W. 6th St.
Constantine
435-8940
(day)
435-9016
(business hrs)

(old
wrestling
room at the
south end of
the gym)

Driving—
please enter
drive near-
est the
Alternative
Ed building,
one way
drive, come
around to
the south
end of the
gym by the
baseball
field.

NEW FREE WEIGHT ROOM EQUIPMENT



Hours of Operation

Monday - Thursday: 5:30a.m. - 7:30a.m.
3:00p.m. - 7:00p.m.
Friday: 5:30a.m. - 7:30a.m.
3:00p.m. - 6:00p.m.
Saturday: 8:00a.m. - 10:00a.m.
Sunday: Closed

Calendar will be posted in the fitness room.
Calendar is subject to change with notice.

When possible, the Middle School Gym and the 8
lane track will be available for walking.

Membership Fees:

- **Individual**
 - Daily -\$5
 - 1 month-\$30
 - 3 month-\$75
 - 6 month-\$120
 - 1 year-\$180
- **Student, (14 & over) Staff, Senior (60 yrs. and over)**
 - Daily-\$5
 - 1 month-\$25
 - 3 month-\$60
 - 6 month-\$105
 - 1 year-\$150
- **Corporate Rate (6 or more from a business)**
 - 1 year - \$150 each
- **Family**
 - 1 year-\$250
 - Plus \$25 per each family member

Other features

- Towels
- Air conditioning
- Music
- Flat screen TV's
- Stability balls
- BOSU Balance Trainers
- Balance Disc
- Resistance Bands
- Ply metric Boxes
- Legend Olympic Four Way Bench
- Legend Olympic Three Way Utility Bench
- 16 Matrix Strength Machines
- 4 Treadmills
- 4 Upright Bikes
- 4 Elliptical Trainers
- 2 Steppers
- 2 Ascent Trainers

**Memberships may be purchased during hours
of operation.**

<http://www.constantinefitness.org/>